

Neonatal Touch & Massage Certification®

Virtual Certification Workshop

Virtual Workshops Offered Throughout 2026

An exclusively neonatal, one-of-a-kind certification for neonatal healthcare providers.

NTMC™ combines a holistic, neonatal and systems-theory approach to massage, with an emphasis on families and nurturing opportunities, while elevating the standard of care that neonatal caregivers provide in their daily practice. The certification combines self-paced online education with live hands-on training, and earns you continuing education hours and professional credentials in Neuroprotective, Developmental, Family-Integrated Care.

Who Should Attend

NICU nurses, neonatal nurse practitioners, and NICU therapists — occupational therapists (OT), physical therapists (PT), and speech-language pathologists (SLP) — as well as other neonatal professionals who provide hands-on care.

Course Dates & Format

Dates	Offered on select dates throughout 2026 — see the schedule below
Format	Live virtual (streamed via web camera with other attendees), held over two consecutive days
Nurses	Attend Day 1 only
Therapists (OT, PT, SLP)	Attend both Day 1 & Day 2
Daily times	9 AM–5 PM Eastern · 8 AM–4 PM Central · 7 AM–3 PM Mountain · 6 AM–2 PM Pacific (sign on 20 minutes early)

Note: The live workshop is Phase III of the certification. It is completed after the self-paced online education (Phase II). See “How Certification Works” below.

2026 Workshop Schedule

Dates	Location
June 6 & 7, 2026	Oklahoma City, OK - In-Person
June 11 & 12, 2026	Virtual
August 21 & 22, 2026	Virtual
September 12 & 13, 2026	San Antonio, TX - In-Person
September 25 & 26, 2026	Virtual
October 17 & 18, 2026	Virtual
November 7 & 8, 2026	Aurora, CO - In-Person
November 13 & 14, 2026	Virtual

Dates and locations are subject to change or may transition to virtual if necessary. For the most current schedule and registration windows, visit neonatalcertification.com/locations.

Course Objectives

Online Education (Phase II) — you will be able to:

1. Develop a plan of care for three neonatal diagnoses based on benefits of massage identified in the literature.
2. Rearrange the sequence of three caregiving strategies provided in the NICU to optimize brain & sensory development, protect sleep, and support parents' experience.
3. Combine three neuroprotective care activities to minimize neonatal stress & pain, foster positioning & handling, and ensure trauma-informed care.
4. Modify the caregiver's role to optimize lymphatic and respiratory system function.

Hands-On Training (Phase III) — you will be able to:

1. Integrate appropriate touch & massage techniques for infants in three different clinical scenarios.
2. Justify two caregiving activities appropriate for infants in two different stages of development.
3. Construct a plan for appropriate handling and positioning of infants in three different clinical scenarios.
4. Formulate two goals to support parent engagement in their infant's care.
5. Critique a clinical video of myofascial trigger point releases by identifying one modification in technique needed to achieve the intended goal (therapists only).

Course Content

How Certification Works — Three Phases

- Phase I – Application & Registration: Submit your application; once accepted you will receive an approval email with instructions on how to register for the program.
- Phase II – Neonatal Online Education: Self-paced, on-demand webinars (~16 hours) completed from home before the hands-on training. Includes clinical videos, demonstrations, research reviews, and lecture, with a short test after each webinar ($\geq 80\%$ to pass).
- Phase III – Hands-On Training: The two-day live virtual workshop. Includes skill practice, video analysis, written test, and course evaluation.

Upon completion of all three phases you receive your professional credentials and are listed in the NTMC directory.

Day 1 — Nurses & Therapists

- Dynamic Systems in the NICU
- Neuromotor, Behavioral & Systems Development in the 1st Year of Life
- Development Integration Model – the Neurodevelopmental CARE Umbrella™
- Fostering Optimal Development: Touch, Handling & Caregiving in the NICU (2-person caregiving, positioning, family-integrated care)
- Clinical Scenarios: Integrating Neuroprotection & Neuropromotion at the Bedside (swaddled bathing, sidelying diaper change, alignment for feeding, and more)
- Massage: Implications, Technique & Family Integration (hands-on practice with feedback)
- Case Scenarios with Clinical Skill Integration (touch, massage, positioning, handling, skin-to-skin)
- Testing: video analysis, written test & course evaluation

Day 2 — Therapists Only

- Myofascial Trigger Point Release: science, implications & hands-on skills
- Myofascial Release: science, implications & hands-on skills
- Putting It Into Practice: integrating Massage, TPR & MFR
- The Craniosacral System's Impact on Development
- Testing: video analysis, written test & course evaluation

Fees & Credentials

Therapists (OT, PT, SLP)	\$875 — includes Online Education, two-day Hands-On Training, and course materials
Nurses	\$650 — includes Online Education, one-day Hands-On Training, and course materials
Group discount	10% off when 3 or more candidates from one hospital apply, register, and attend together

Credentials

Nurses earn the NTMNC® credential (Neonatal Touch & Massage Nurse Certified). Therapists earn the NTMTC® credential (Neonatal Touch & Massage Therapist Certified). Credentials are valid for two years and recertification is completed online, with no travel required.

Continuing Education

- Online Education: 16.5 nursing contact hours (AHNA #1964); 16.6 contact hours / 1.66 AOTA CEUs; 1.6 ASHA CEUs.
- Hands-On Training: 7 nursing contact hours (AHNA #1965); 13.6 contact hours / 1.36 AOTA CEUs; 1.35 ASHA CEUs; PT CEUs (1.35 CA / 13.25 OH).

Course requirements include attendance, ≥80% test scores, and completion of the course evaluation. No partial credit is given.

Ready to Get Certified?

Apply and register at www.neonatalcertification.com. Once your application is accepted you will receive instructions to register and begin the online education.

Creative Therapy Consultants

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Our mission: to improve the lives of babies and families through touch and massage.