

Mountain View <sup>(1)</sup>  
+  
University Medical <sup>(3)</sup>

Sidelying diaper change

2 wks > Self implementation + verbal introduction of  
technique to RN/colleague  
(95%)

↳ 1 per wk (min.)  
ongoing

6th MONTHS > Ask RN/therapy colleague to trial it with you +  
provide more education.

Handout / Lunch + learn to increase exposure  
↳ 100% unit exposure.

1 yr > Provide In-service 50% of unit  
Unit level implementation

Sumerlin<sup>(2)</sup> + Mountainland<sup>(1)</sup>  
Penn State<sup>(1)</sup> + Unity Point<sup>(1)</sup>

Side lying diaper changes.

2 Week: In 2 weeks, "we" will provide education on benefits and techniques for side lying diaper changes to all NICU staff.

6 Month: In ~~6~~<sup>1 year</sup> months, all NICU staff and families will incorporate side lying diaper changes in daily cares  
JK this is 1 year 😊

6 Month: In 6 months, all NICU staff and families will demonstrate competency in side lying diaper changes via return demonstration for discharge checklist | competencies.

(4)

# SPRING VALLEY

Topic: Incorporating touch & massage  
into cares.

±2wk: Each eligible infant will receive massage  
to at least 1 body part each day during cares.

6mo: A log will be posted at bedside to track  
the body parts that have been massaged.

1yr: Each eligible infant will receive massage  
to back, BVE, & BLE in a 24 hr period  
to decrease LOS.

# Centennial <sup>(4)</sup>

Topic: micro preemie KC

2 wk goal: At least 1 micro preemie on our unit will KC @ least 1 hr.

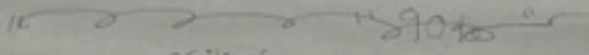
6 months: NICU staff other than Therapy will implement KC with micropreemie @ least 1 tx/wk.

1 year: Family will initiate KC w/ micropreemie @ least 1-2 tx/wk.

# Henderson<sup>(3)</sup> + Sunrise<sup>(2)</sup>

## Sidelying Diaper Changes:

2 weeks: Perform ~~2/10~~ ~~30%~~ sidelying diaper Δ's with 25% of ~~the~~ caseload while observing state regulation + sensory organization<sup>of the infant</sup> in the next 2 weeks.

6 mos:   
Educate <sup>~75%</sup> care team on how to perform SDC's independently while maintaining state reg + sens org in the next 6 mos

year: ~~Educate care~~

As a NICU, all staff members<sup>will</sup> perform neuroprotective (SDCs) 90% of the time in the next yr.