



Neonatal Touch & Massage Recertification III Learning Objectives



By the end of the webinar, the learner will be able to:

Webinar 1: Importance of Sleep

- Objectives:**
1. Identify two interventions to protect and promote neonatal sleep.
 2. Recognize the 2016 AAP recommendations for a Safe Infant Sleeping Environment and the implications in the NICU

Webinar 2: Brain & Sensory Development

- Objectives:**
1. Recognize two neurosensory vulnerabilities of the preterm and critically ill, hospitalized infant.
 2. List three methods to adapt care that positively support the ongoing development of the brain and sensory system.

Webinar 3: Opioids in the NICU

- Objectives:**
1. Identify two global and national trends in opioid use.
 2. Identify three non-pharmacologic interventions for management of Neonatal Abstinence Syndrome.

Webinar 4: The Lymphatic System

- Objectives:**
1. Recognize the role of the lymphatic system and its mechanism of action for the NICU infant.
 2. List two positioning and handling interventions to support lymphatic activation for improved motor skill development.

Webinar 5: Massage Literature Review

- Objectives:**
1. Name three benefits of infant massage noted in the literature.
 2. Identify two articles that support massage as a means of infant-parent bonding.

