



Recertification I Learning Objectives



By the end of the webinar, the learner will be able to:

- Webinar 1: Developmental Progression of the Pre-term Infant Throughout the First Year
Objectives:
1. Recognize three neuroprotective considerations when caregiving for extremely low birthweight infants.
 2. Name two iatrogenic effects common in NICU patients.
- Webinar 2: Post-Traumatic Stress Disorder and the NICU Parent
Objectives
1. Identify two symptoms of postpartum depression (PPD), acute stress disorder (ASD), and post-traumatic stress disorder (PTSD) in the NICU parent.
 2. List two strategies for involving parents in therapeutic interventions with their babies.
- Webinar 3: Positioning & Handling
Objectives:
1. Recognize a common postural issue of prematurity and how positioning prevents this issue.
 2. List three functional activities affected by positioning.
- Webinar 4: Listening Touch Massage with the NICU Patient
Objectives:
1. List three adaptations to massage that may be made when working with an infant and family in the NICU.
 2. Identify two common responses that premature infants display during massage.
- Webinar 5: Massage Literature Review
Objectives:
1. Name three benefits of infant massage noted in the literature.
 2. Identify two articles that support massage as a means of infant-parent bonding.
- Webinar 6: Myofascial Trigger Point Release Techniques for the NICU Patient
Objectives:
1. Identify the location of three common trigger points for high-risk infants.
 2. List two common treatment goals that incorporate myofascial trigger point releases.

